# **Goal Reflection Worksheet**

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| **[Type Category Here]** |
| SMART Goal: [type goal here] |

In the following spaces, multiple prompts are given to help you reflect on your experience while pursuing this goal. Please write a minimum of 3-5 sentences per area. Refer to the rubric in the Chapter Evaluation Packet for additional guidance on what we are looking for in your responses.

**Goal Completion**

Please provide a summary of the process that you and the chapter undertook to achieve this goal and what the outcome was including any appropriate data for the metrics for success that were originally listed. If you did not meet the original goal, please provide a description of why you were unable to and what you might have done differently.

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**Collaboration**

Please describe how you engaged members and/or other people or groups outside of your chapter in the work to complete this goal. What value did working with other people bring to this goal? If you did not engage other people, please explain why.

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**Adaptability**

What challenges did you face in your work to complete this goal, and how did you overcome them? If any changes were made to your original plan over time, please explain how you navigated those changes with your chapter and anyone else you collaborated with.

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**Demonstrated Learning**

What did you and other members learn because of this goal? What long-term impact do you believe this goal will have on the organization? What impact has this had on your own personal development and how do you think the skills you developed will impact you in other activities you’re involved in or in your career after Shippensburg? How will you pass along this learning to future chapter leaders?

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